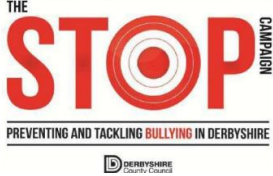


Date	Minute Number	Ratified/Signed	Amendment
October 2023			



Countering Bullying Practice Guidance:



## St Oswald's C.E. Primary School Child Friendly Anti-Bullying Policy

St Oswald's is a place where everyone has the right to be themselves.

It's a place where everyone can feel safe, be happy and learn.

Everyone at St Oswald's is included and acts with respect and kindness towards each other.

Our school takes bullying very seriously.

### What is bullying?

Bullying is when a person is hurtful or unkind to someone else on purpose and usually more than once. Bullying can be done by one person or by a group of people. A useful way to remember bullying is:

**SEVERAL  
TIMES ON  
PURPOSE**

### Bullying can be:

- \*Hitting or saying you are going to hit someone.
- \*Touching someone when they don't want you to.
- \*Calling someone names, teasing, using rude language or saying nasty things about someone to them or to other people.
- \*Stealing or damaging someone else's belongings.
- \*Ignoring someone on purpose or leaving them out.
- \*Sending hurtful or unkind messages.

### What should I do if I'm being bullied?

If you are being bullied it is important to tell someone you trust. Tell an adult or friend, either at school or at home.

#### You can:

- \*Tell a teacher
- \*Ignore them and walk away
- \*Tell them to stop
- \*Tell a friend you trust
- \*Tell any other adult in school
- \*Tell an adult at home



**START  
TELLING  
OTHER  
PEOPLE**

#### Don't:

- \*Take your own action
- \*Get angry
- \*Ask someone to hurt them back
- \*Do anything they ask you to that you are unhappy with



At St Oswald's Mrs Wood, staff and governors will try to make sure that all pupils are happy and comfortable in our school. If you feel unhappy about any part of school, then you must let us know.

#### We will:

Always listen to you



Find out what has been happening



Do everything we can to sort it out and keep you safe!

